

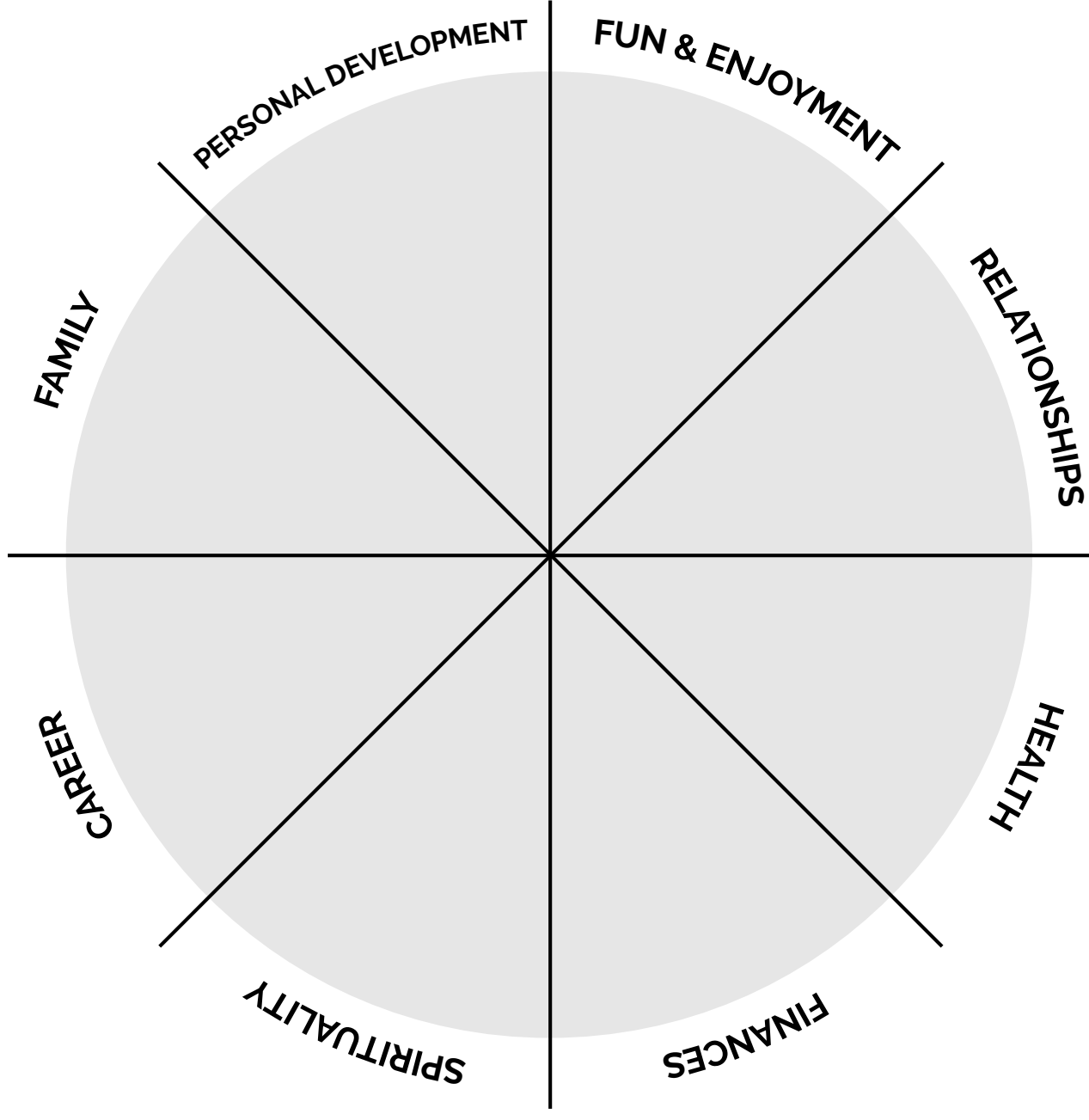
Life Wheel

MICHELLE KRASNY COACHING

Use this life wheel to zoom out and rebalance.

There are many ways you can use this. You can give yourself a numerical score out of 10 (10 is high), repeating at different life stages. Personally, I like to use it to set intentions for the next year or so. You can even create your own headings for the different parts of your life you want to draw attention to.

It's your tool, tweak it in a way that works for you!



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